



Orillia Business Women's Association

P.O BOX 2404, ORILLIA, ON L3V 6V7 Tel: (705) 325-6292 Fax: (705) 325-4771

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JUNE NEWSLETTER

JUNE'S MEETING

will be held on

June 9th 2010 @

Highwayman Inn, 201 Woodside Drive, Orillia

Everyone is invited to hear this truly dynamic speaker

Linda Leatherdale

Financial commentator also known as The Great Defender of Main St.

Social/Networking: 5:30 p.m.,

Dinner 6:30 p.m.

Non-members \$35.00

Members \$25.00

Tickets available until noon

Monday, June 7:

Street's Flower Shop, 242 Coldwater Rd. W, Orillia (325-1351)

Office of Garfield Dunlop, MPP

Simcoe North, 14 Coldwater Rd. W., Orillia (326-3246)

Members: RSVP before noon,

Monday, June 7

Call 705-325-OBWA (6292)

LAST MONTH

The 2010 Women of the Year and Young Woman of the Year Gala was a fantastic event.

We would like to congratulate the Recipients of this year's award: Maureen Way who was awarded the Nelle Carter Award and Kaylyn Dixon, who was awarded the Lisa Brooking Award.

Once again we also would like to thank everyone for making this a successful and enjoyable night to remember.

MENU



Salad

Greek Salad

Entree

Breast of Chicken Mediterranean

Rice Pilaf

Seasoned Vegetables

Dessert

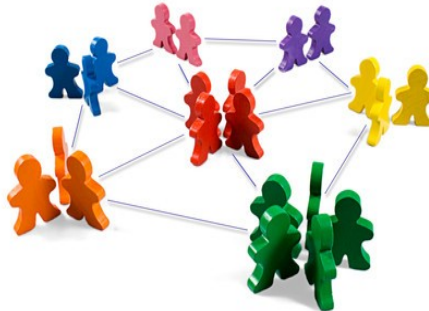
Chocolate Sensational

Fresh Baked Rolls

Coffee/Tea



NETWORKING



REMEMBER

Your dinner reservations must be canceled by noon prior to our dinner meeting or the member or guest will be charged for the meal.

FEATURE ARTICLE FOR THIS MONTH

Contour Express is unique in the Women's Fitness Industry as we are the only Women's gym using weights. All our workouts are customized for every individual. From 18-80 we can customize a workout for you to get results. We also offer Boot Camps that are a bit more intensive. Again Boot Camps are done by all ages and geared to your fitness needs. Boot Camps and all other work outs are done one-on-one so you have a personal trainer at your disposal at all times for a low cost of \$44.00 a month!! We currently have a 1/2 price registration special on. We also have tanning and discounted packages for our members. We carry a complete line of health and wellness products for the whole family. Isagenix is a wonderful body cleanse that flushed fat and has been having amazing results. This easy to follow program is for everyone!! Barley Free, Wheat Free, Gluten Free, no trans fat, low in sugar so diabetic friendly and best of all you get to eat chocolate daily!!! Great tasting product and chocolate a weight loss program doesn't get any better than that! Come in for a FREE workout and more information. We look forward to being your new workout partner.

Contact: Dawn Beneteau, owner PT/ Contours Express

The Better Idea in Women's Gym's

705-325-3409 3280 Monarch Drive

(behind Boston Pizza)

QUOTE

Never mistake knowledge for wisdom. One helps you make a living, the other helps you make a life. Sandra Carey

Our strength is networking since 1987